

SouthTech Academy

School Counseling Newsletter

Weekly Update February 12, 2021

The College Board Opportunity Scholarships

The College Board Opportunity Scholarship doesn't require an essay, application, or minimum GPA. Instead, it rewards your effort in the admissions process. Complete key steps along your path to college for chances to earn scholarships. The program is currently open to the classes of 2021 and 2022. For more information, [visit their website here.](#)



J.M. Rubin Foundation Scholarship

The J.M. Rubin Foundation, Inc. is a Florida not-for-profit charitable corporation established in 1973 that awards individual scholarship grants to recipients who are residents of Palm Beach County. In addition, all applicants must be U.S. citizens. Recipients need not attend any particular school, so long as the recipient is a candidate for certification or a degree. Selection is based on academic and/or athletic achievement or promise. Financial need is an additional factor, however, it is not required. Each scholarship will be paid directly to the educational institution for the use of the recipient. For more information and to apply please visit www.jmrf.org.
Deadline to apply: March 1, 2021

Dual Enrollment Registration for Summer B and Fall 2021

Are you interested in taking a class at Palm Beach State College this summer or fall? If so, dual enrollment is offered to Palm Beach County students for free. Dual enrollment allows students to take college classes while still enrolled in high school. Dual enrollment classes count for both high school credit and college credit. If you are interested in learning more about dual enrollment and the steps and deadlines involved, please our school counseling google classroom dual enrollment folder you will see the checklist of everything that needs to be completed in order for you to take classes at Palm Beach State College.



City of Greenacres 2021 Educational Scholarship Program

The City of Greenacres is pleased to announce the 2021 Educational Scholarship Program, consisting of five (5) \$1,500 Educational Scholarships. Only seniors who reside in Greenacres may apply. The following are the eligibility requirements:

- Must reside within the municipal limits of the City of Greenacres.
- Must be a U.S. citizen or lawful permanent resident of the U.S.
- Must be a high school senior/graduate, obtained a GED, or attending college.
- Must demonstrate a financial need The Scholarship Application is available on the City's website and is due by April 2, 2021 at 6:00 p.m.



Career Training Programs

Start your new career in less than an a year. The School District of Palm Beach County Adult & Community Education is offering career training programs in Medical, Carpentry, Electrical, HVAC, Plumbing, and Welding. For more information go to www.careerspbcc.com or www.tradespbcc.org.

Become an InSight Fellow

High School students committed to a deep exploration into fields related to vision care, eye health, and working with the visually impaired in any capacity are encouraged to apply to become a Project InSight Fellow. Fellows pursue a serious investigation of an issue under the mentorship of a professional in the field. Fellows pursuing mentorships through school or community based programs should also elicit the support of an Advisor at that organization. For more information visit their [website](#).

FSU's CARE Application Deadline Extended

The Florida State University [Center for Academic Retention and Enhancement \(CARE\)](#) provides preparation, orientation, and academic support for students who are among the first in their family to attend college and may face unique challenges in college because of educational or economic circumstances. They have decided to extend their CARE Summer Bridge Program application deadline to March 1. Interested students can apply to CARE now at care.fsu.edu/apply. If you have already submitted your FSU application and now want to apply to CARE, please contact their office so they can add the CARE supplemental application to your Application Status Check.



Palm Beach State College

Palm Beach State College is excited to provide you with various opportunities to engage students through the admissions process. We have multiple events that students are welcomed to take advantage of, virtually, now through May.

- **SENIOR Night** - An event focused on supporting high school seniors as they begin the transition process to college. We discuss PBSC programs and the opportunity to complete the admissions application on the spot. After each session, students will have a chance to win a **\$500 scholarship** to help with tuition and books at PBSC.

Students can register here:

<https://palmbeachstate.campuslabs.com/engage/events?query=senior%20night>

- **Parent Night** - PBSC created a workshop for parents of dual enrollment and incoming freshmen to understand the process of admissions and answering any questions that parents have along with information on financial aid and more.

Parents can register here:

<https://palmbeachstate.campuslabs.com/engage/events?query=parent%20night>

- **Dual Enrollment** - The Dual Enrollment Office will host monthly virtual sessions for students and parents that are in the dual enrollment or early admissions program. The presentation will include an overview of the program requirements and deadlines for the upcoming term. The event will count as the student's dual enrollment orientation if attended.

Students can register here:

<https://palmbeachstate.campuslabs.com/engage/events?query=Dual%20enrollment>

- **Admissions & Application Session** -

Students can register here:

<https://palmbeachstate.campuslabs.com/engage/events?query=admissions>



PALM BEACH STATE
COLLEGE

Big Future Days

College Board is hosting virtual events for high school students to connect directly with college admissions representatives and take action on the most important steps for college. Students will be able to explore colleges, participate in live Q&As and online chats with admissions representatives and current students, download college planning resources, and drop in with questions for a college adviser. You can register for any event and more than one. You can attend all or parts of the event. Click the events below to learn more about the colleges and states included in that region.

[BigFuture Days West](#): Southwest: Saturday, February 6, 4:00-8:00 PM

[BigFuture Days Southeast](#): Tuesday, February 23, 5:00-9:00 PM

[BigFuture Days Northeast](#): Sunday, March 7, 4:00-8:00 PM

[BigFuture Days Midwest](#): Thursday, March 11, 5:00-9:00 PM

Study Skills Sheets from FloridaShines

Need a little help getting organized for the new semester? Take a look at FloridaShines' helpful tools for success. With tips on test-taking strategies, time management, and how to develop study skills, you will have the tools you need to succeed in your school work. Visit their website to download the [FloridaShines Study Skills Sheets](#).

The logo for FloridaShines features the word "FloridaShines" in a blue, sans-serif font. Above the letter "i" in "Shines", there is a stylized yellow sun with rays.

FAFSA and College Application/Information Assistance

JUNIORS (hosted by Cindy)

When: Feb 23, 2021 04:00 PM

Register in advance for this meeting:

<https://palmbeachstate.zoom.us/j/98123456789>

After registering, you will receive a confirmation email containing information about joining the meeting.

SENIORS (hosted by Lucil)

When: Feb 25, 2021 4:00 PM

Register in advance for this meeting:

<https://palmbeachstate.zoom.us/j/123456789012>

After registering, you will receive a confirmation email containing information about joining the *meeting*.

Mental Health Challenges for Adolescents in the Covid Era

The COVID pandemic has been very stressful for adolescents. They have had significant disruptions in their routines with remote learning, cancelled sports and activities, and concerns about COVID. Psychiatrist Dr. Karen Swartz, Director of Clinical Programs at the Johns Hopkins Mood Disorder Center, will discuss potential mental health challenges for adolescence during this extraordinary period.

This webinar will be targeted to parents and provided free of charge. The event will take place on [Wednesday, February 24, at 7:00 p.m.](#)

COMMUNITY SERVICE OPPORTUNITIES

Palm Beach County Criminal Justice Commission

The 42nd Citizen's Criminal Justice Academy are looking for people over the age of 14 to join their virtual sessions which will be held on twelve consecutive Mondays from 6:00-9:00 pm starting on Monday February 1 through April 12, 2021.

Students can earn up to 33 hours of community service. Click on the [link to register](#).



Volunteers Needed

Palm Beach North Chamber of Commerce ArtiGras Fine Arts Festival 2021 . [It all starts here!](#)



Virtual Community Service Opportunities



VolunteerMatch

Search for virtual Community Service opportunities here:

<https://www.volunteermatch.org/virtual-volunteering> - Be sure to submit the

Community Service hours log to your School Counselor or Ms. FanFan, and keep a copy for your records.

South Tech Academy Scholarship Bulletin #12

The most recent [South Tech Academy Scholarship Bulletin](#) is now available. This is a great way to find opportunities to fund your college education!



UPCOMING EVENTS:

February 19 - Herff Jones on campus
March 12 - Herff Jones on campus
March 13 - SAT Test
March 15-22 Spring Break
April 17 - ACT Test
May 8 - SAT Test
June 5 = SAT Test
June 11 - Senior Check Out
June 12 - ACT Test
June 16 - Graduation @8:00pm
June 16-18 - Final Exams

Mental Health Tip

[How to Practice Positive Self-Talk to Boost Your Self-Esteem](#)

Featured Article

[Colleges vs. Trade School](#)

Featured Career

Veterinary Technologist & Technicians

Quick Facts

2019 Median Pay: \$35,430 per year or \$16.98 per hour. Typical Entry-Level Education: Associate's degree. Work Experience in a Related Occupation: None On-the-job Training: None

Meet your School Counselors!



Your School Counselor is Available to Help

Your school counselor is here to help! We are available by email to answer any questions or concerns you have. Feel free to reach out to us at any time! We also have a ton of information posted on our School Counseling Google Classroom.

School Counselors (by student's last name)

[Christina Merrigan:](#) A - E 561-364-7933

[Jennifer Franco:](#) F - M 561-369-7008

[Brian Nugent:](#) N - Z 561-369-7055

Featured Post-Secondary Institution

Palm Beach Atlantic University

West Palm Beach, FL

[PBA.edu](#)

Average GPA: 3.5

ACT Composite: 20-26

Average SAT Reading & Math: 980-1200

Notable Programs: Business, Management, Marketing, and Related Support Services; Psychology; Health Professions and Related Programs; Theology and Religious Vocations; and Visual and Performing Arts.